

Sacred Heart Parish, 310 Spring Ave...Troy ...518-274-1363

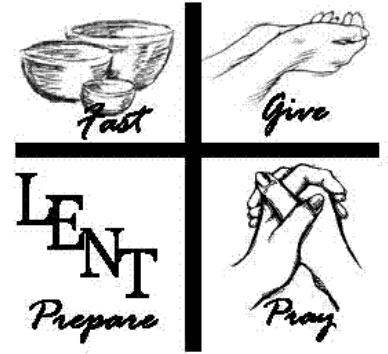
St. Jude the Apostle Parish, 42 Dana Ave...Wynantskill ... 518-283-1162

St. Michael the Archangel Parish, 175 Williams Rd..Troy.. 518-283-6110

Dear Parishioners,

We are nearing the holy season of Lent. During this period of time in the Church Year, as we relive the awesome events of the Passion and Death of Our Lord, Jesus Christ, we are once again reminded in the daily readings about the importance of prayer, fasting, and "alms giving." How will you fit these Lenten elements into your busy schedule? We encourage you to take the steps necessary to make this Lent one that is life-changing for your faith life. Make a conscious choice to take on a positive activity this Lent...perhaps something you've never done before. That may be: practicing the Works of Mercy, daily Mass, a Random Act of Kindness each day, a predetermined one-half hour per day to either read and reflect on Scripture OR read and reflect with the Lenten booklet the parish has provided for you, commit to Stations of the Cross every week, clear your calendar to make room for the Lenten activities offered by our Local Catholic Community ...what can you come up with? Let us pray for each other that this Lent will touch our hearts and souls!

Father John Yanas, Father Anthony Ligato, Father James Mackey & Father Art Toole



LENTEN SCHEDULE 2018

ASH WEDNESDAY (2/14/18)

- At Sacred Heart...9am and 6:30pm Mass w/ashes...Service with the distribution of ashes at 12pm
- At St. Jude the Apostle...Masses with the distribution of ashes at 8am and 7pm.
- At St. Michael's...Communion Service w/ashes at 7:30am and Mass with the distribution of ashes at 12:10pm.
- At Van Rensselaer Manor ...Communion Service with ashes at 10:45am.
- At the Bloominggrove Apartments...Service with ashes at 1:30pm.
- At Eastwyck Apartments...Prayer Service with ashes at 2:30pm
- At the Springs Nursing Home...Service with ashes at 4pm.
- At the St. Jude Apartments...Mass with ashes at 2pm.



WEEKDAY MASS SCHEDULE



- At Sacred Heart...Monday through Friday at 9am
- At St. Jude's...Monday through Friday at 8am
- At St. Michael's...Monday through Thursday at 12:10pm
- At Van Rensselaer Manor...Mass on Tuesdays at 1:45pm
- At The Springs...Communion Service on the first Wednesday of the month at 11am
- At St. Jude Apartments...Mass on Mondays at 2:00pm
- At the Eastwyck Apartments...Communion Service on the 2nd Weds of the month at 2:30pm

STATIONS OF THE CROSS

- At Sacred Heart...Fridays at 1:45pm
- At St. Jude's...Fridays at 7pm
- At St. Michael's...Tuesday at 11:30am followed by the 12:10pm Mass
- At VanRensselaer Manor on Thursdays at 1:45pm (except 2/22 & 3/22 at 10:45am)
- At The Springs on Fridays at 2:30pm

HOLY HOURS

At Sacred Heart on Friday, March 2 at 7pm

At St. Jude the Apostle on 3/2/18 from 8:30am-Noon

At St. Michael's on Thursdays after the 12:10pm Mass until 2pm...adoration of the Blessed Sacrament for Vocations

SAVE THIS FLYER TO REFER TO DURING LENT

LCC LENTEN ACTIVITIES ... LOCAL CATHOLIC COMMUNITY RETREATS...

*** Sunday, March 18, after the 8:30 am Mass Sacred Heart will be holding a Communion Breakfast with Reverend Richard Shaw as guest speaker. Reverend Shaw is an author, former teacher at Catholic Central High school and retired Prison Chaplain.

ALL ARE WELCOME!

*** A Lenten presentation will be held at Sacred Heart in the Church on Wednesday evening, February 28, at 7:30pm by Dr. Edward Martin entitled: "The Biblical meaning of Messiah/Anointed One/Christ." **ALL ARE WELCOME**

Mystery Players

"It's a Play, It's a Prayer, It's a Mystery."

Thursday, March 8th 7:00PM St. Jude the Apostle Church

Since 1981, IHC Seniors have been bringing the stories of Jesus' birth and death on the cross during the Advent and Lenten seasons. Their performances and really prayerful meditations, are powerful. They combine an austere but dramatically effective use of acting, narration, music, and lighting to captivate their audiences.

Also at St. Jude: **February 16th 7:00PM We Adore Thee 'A Way of the Cross for Eucharistic Adoration'** Presented by Discerners & Aspirants for the Priesthood and Diaconate Candidates of the Albany Diocese.

RECONCILIATION...All are Welcome!

- Communal Reconciliation
 - Tuesday, 3/13/18...11am at St. Michael the Archangel Church
 - Tuesday, 3/13/18...7pm at St. Jude the Apostle Church
 - Monday, 3/19/18...7pm at Sacred Heart Church
- Individual Reconciliation... LENTEN CONFESSIONS
 - Sacred Heart- Confessions will be held on Tuesday, March 6, 20 and 27 from 6:30 – 8:00 pm.
 - St. Jude the Apostle – Saturdays at 3pm, Sundays at 10am, Monday of Holy Week (3/26/18) from 6:30-8pm.
 - St. Michael the Archangel – Saturdays at 3:45pm

HOLY WEEK

HOLY THURSDAY, 3/29/18

Liturgy of the Lord's Supper

- 5:30pm at Sacred Heart followed by a covered dish supper... with adoration until 10:30pm
- 7:00pm at St. Jude the Apostle with adoration until 12:00 midnight, concluding with night prayer
- 6:00pm at St. Michael the Archangel, followed by a covered dish supper...adoration until 10pm

GOOD FRIDAY, 3/30/18

- 9am Morning Prayer at St. Jude's

Stations of the Cross

- 2pm at St. Michael the Archangel
- 3pm at St. Jude the Apostle
- 3pm at Sacred Heart

Passion of Our Lord

- 5:30pm at Sacred Heart
- 7:00pm at St. Jude the Apostle
- 5:30pm at St. Michael the Archangel

HOLY SATURDAY, EASTER VIGIL, 3/31/18

- 9:00am Morning Prayer at St. Jude's
- 9:30am Morning Prayer at St. Michael's
- 8:15pm Easter Vigil Mass at Sacred Heart
- 8:00pm Easter Vigil Mass at St. Jude the Apostle
- 8:00pm Easter Vigil Mass at St. Michael the Archangel

EASTER SUNDAY, 4/1/18

Easter Morning Masses

- 8:00, 9:30 and 11:15am at Sacred Heart
- 9:00am and 11am at St. Jude the Apostle
- 7:30am and 10am at St. Michael the Archangel

